



### Top Five All-time Athlete Performances

MEN:

WOMEN:

	<u>Name</u>	<u>Time</u>	<u>Year</u>		<u>Name</u>	<u>Time</u>
1	Patrick O'Keeffe	1:57:44	2010	1	Sarah May Mercer Clark	2:11:36
2	Ryan Kelly	1:59:31	2008	2	Jessie Donovan	2:16:29
3	Mike Wynn	1:59:51	2010	3	Lisa Dunn	2:19:08
4	Paul Fronhofer	2:00:07	2010	4	Nicole Andres	2:21:29
5	Patrick O'Keeffe	2:00:53	2008	5	Heidi Underwood	2:22:22

### Age Group Top Three Athlete Performances

#### M19 & Under

#### F19 & Under

1	Michael Sorrentino	2:16:39	2008	1	Marie Raelyn Loiselle	3:00:36
2	Steve Vargo	2:20:37	2008	2		
3	Connor Grant-Knight	2:32:11	2010	3		

#### M20-24

#### F20-24

1	Dave McCahill	2:09:10	2007	1	Kelly Owens	2:39:26
2	Aaron Sirtoli	2:12:12	2007	2	Ilona Szotori	2:45:48
3	Logan Franks	2:13:13	2009	3	Kelly Owens	2:49:09

#### M25-29

#### F25-29

1	Ryan Kelly	1:59:31	2008	1	Sarah May Mercer Clark	2:11:36
2	Kevin Bouchard-Hall	2:02:23	2009	2	Lauren Trantham	2:44:05
3	Zachary Staszak	2:03:01	2007	3	Kate Becker	2:48:01

#### M30-34

#### F30-34

1	Paul Fronhofer	2:00:07	2010	1	Jessie Donovan	2:16:29
2	Patrick O'Keeffe	2:00:53	2008	2	Sonya Felicia Paquini	2:17:38
3	Paul Fronhofer	2:03:48	2007	3	Christina Ardito	2:27:43

#### M35-39

#### F35-39

1	Patrick O'Keeffe	1:57:44	2010	1	Nicole Andres	2:21:29
2	Keith Murray	2:04:58	2010	2	Heidi Underwood	2:22:36
3	Craig Tynan	2:05:42	2007	3	Erin Giaccio	2:22:55

#### M40-44

#### F40-44

1	Mike Wynn	1:59:51	2010	1	Heidi Underwood	2:22:22
2	Ted Wilson	2:09:25	2009	2	Rebecca Pedersen	2:23:42
3	Steve Becker	2:11:23	2010	3	Mara Fronhofer	2:25:09

#### M45-49

#### F45-49

1	John Noonan	2:07:20	2008	1	Lisa Dunn	2:19:08
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2	Robert Underwood	2:13:43	2009		2	Diana Wall	2:31:52
3	Anthony Felitte	2:14:28	2009		3	Mary Quinn	2:33:47
<b><u>M50-54</u></b>					<b><u>F50-54</u></b>		
1	John Noonan	2:06:00	2010		1	Beth Stalker	2:24:37
2	John Noonan	2:07:51	2009		2	Beth Stalker	2:29:20
3	Brian Oneil	2:08:40	2009		3	Stephanie Landy	2:37:17
<b><u>M55-59</u></b>					<b><u>F55-59</u></b>		
1	Roy Kline	2:21:40	2008		1	Beth Carroll	2:57:04
2	George Baird	2:21:54	2010		2	Jennifer Brennan	3:04:01
3	James Kelly	2:22:41	2010		3		
<b><u>M60-64</u></b>					<b><u>F60-64</u></b>		
1	Steve Bradley	2:25:22	2010		1	Christine McKnight	3:04:20
2	Rick Morse	2:33:52	2010		2	Christine McKnight	3:31:16
3	Robert Armagno	2:53:03	2007		3		
<b><u>M65-69</u></b>							
1	Hugh Dunseath	2:30:56	2009				
2	Hugh Dunseath	2:38:54	2010				
3	Stephen Mitchell	3:05:02	2010				

### **Top Five Individual Discipline Splits**

*\*records kept only for those participating in the Individual Event*

<b><u>Male</u></b>		<b><u>SWIM</u></b>		<b><u>Female</u></b>		
1	Patrick O'Keeffe	17:11	2009	1	Kelly Owens	20:22
2	Keith Murray	17:48	2010	2	Erin Giaccio	20:35
3	Jeremy Cuebas	18:32	2009	3	Elizabeth Collins	21:15
4	Corey Ryon	18:47	2009	4	Sonya Pasquini	22:05
5	Todd Stricker	18:52	2009	5	Sarah May Clark	22:48
<b><u>BIKE</u></b>						
1	Paul Fronhofer	59:39	2010	1	Jessie Donovan	1:07:17
2	Kevin Bouchard-Hall	59:43	2009	2	Sarah May Clark	1:08:18
3	Mike Wynn	1:00:20	2010	3	Lisa Dunn	1:08:37
4	Patrick O'Keeffe	1:01:41	2010	4	Mara Fronhofer	1:10:25
5	Ryan Kelly	1:02:26	2008	5	Rebecca Pedersen	1:11:42
<b><u>RUN</u></b>						
1	Matt Gawors	35:11	2010	1	Sarah May Clark	38:59
2	Adam Quinn	35:49	2009	2	Sonya Pasquini	41:02
3	Mike Wynn	36:32	2010	3	Christina Ardito	42:03
4	Jason Hart	36:49	2010	4	Nicole Andres	42:34
5	John Gleeson	36:56	2008	5	Beth Stalker	42:50
<b><u>TOP THREE TEAM TIMES</u></b>						
<b><u>MALE</u></b>				<b><u>CO-ED</u></b>		
T-1	Team LTD	2:05:14	08	1	Sibling Synergy	2:09:22
T-1	Two Old Dudes & a Young Guy	2:05:14	09	2	Morrissey, Amp, Boughan	2:12:34
3				3	Cerny, Dansin, VanHook	2:13:50

	<b><u>FEMALE</u></b>						
1	Berkshire Moms		2:40:38	09			
2	Team Quick Chicks		2:43:47	09			
3							





